



Ross Memorial Hospital

Mental Health Program

10 Angeline St. N. 2nd Floor

Lindsay, ON K9V 4M8

Ph: (705) 328-6064

Fax: (705) 328-6065

Visit www.rmh.org and search by Programs & Services



Mental Health Out-Patient Programs

Virtual Emergency Room

Video based assessment and consultation with child & youth psychiatrists.



PURPOSE OF VIRTUAL EMERGENCY ROOM

This advanced Telepsychiatry technology links your community based Emergency Room/Practice/Agency with child psychiatrists at another site in Ontario.

The purpose of this outreach initiative is to significantly reduce wait times to underserved and rural areas by providing timely access to mental health consultation services for children/youth in their home communities.

This is a onetime only visit with a child psychiatrist and includes a Mental Health assessment that results in a report with specific recommendations faxed back to the referring source.

THE PROGRAM

Serves children and youth 10 to 17 years of age:

- With Complex mental health issues that result in serious psychiatric, emotional and/or behavioural disturbances
- Who require a further in-depth consultation by a child psychiatrist not available through local programs

Examples of Major Concerns at Referral

- Depression, Mood, Suicide/Self Harm (thoughts of / no plan)
 - Management & Medication
 - Behavioural
 - School Problems
 - Anxiety
 - Family Issues

ACCESSING TELEPSYCHIATRY

If you see a patient either in the office or ER that requires Virtual Telepsychiatry:

1. Complete the **Integrated Mental Health Services Referral Form**.
2. Include any past clinical notes or history.
3. Have the caregiver fill out the Caregiver Questionnaire in your office. **An appointment cannot be booked with the family until the questionnaire is received.** Kathleen Hayes can be contacted at 705-328-6064 to obtain Referral Form and Caregiver Questionnaire.
4. Fax Referral Form and all documentation to (705) 328-6065, Attention: VER



APPOINTMENT DAY (USUALLY WITHIN 5 DAYS OF FAXED REFERRAL)

1. Child/youth arrives 15 minutes prior to appointed time at the designated OTN site.
2. Child/Youth is registered as an Out Patient
3. Orientation to service
4. Consultation commences
5. All participants review the recommendations together with the child psychiatrist at the end of the consult.

FOLLOW-UP

1. Consultation note is sent from the Child Psychiatrist to the Referring Source.
2. Families contact the referring source within two weeks to review and implement the recommendations.
3. Further consultation for the referring source with the child psychiatrist if needed.

For information or presentations about the Telepsychiatry Program Contact:

Jane Thompson, Project Coordinator: thompsonj@ontarioshores.ca cell: (905) 435-8948 or
Kathleen Hayes, Executive Assistant, Mental Health Dept @ Ross Memorial Hospital : (705) 328-6064