

Television, Phones and Radio

TV: The television and phone will be unavailable during the hours of regular programs. Sunday to Thursday, the TV will be turned off by 10pm; Friday and Saturday the TV will be turned off by 11pm and will be available again at 7am.

Radios: To avoid disturbing/ disrupting others with loud music, a portable music device (without a camera) may be used with headphones. Don't forget batteries! (Electrical appliances must be checked by Maintenance).

Cell Phones: Cell phones and charging cords will be stored in the nursing station. Cell phones may be utilized by clients with off unit privileges when utilizing said privileges. Cell phones will be returned to the nursing station upon re-entry to the unit and placed in the client's personally labeled basket or plugged in for charging if requested.

Phone: There is a private phone room located on the Unit for your use. Incoming calls can be directed to the dining room (705) 324-6111 x 4759. This phone is answered and shared by patients.

Visiting Hours

Daily from 9:00am—9:00pm
(excluding group times
Monday to Friday)
Group Times:
10:00am—11:00am
2:00pm—3:00pm

Privacy / Confidentiality

We are committed to honoring your wishes within legal limits. You own your information. There is no special age of consent. You may be asked to complete a consent regarding your wishes to information sharing.

If you have questions or concerns related to Privacy Health Information, please contact (705) 328-6064.



Ross Memorial Hospital Mental Health Program

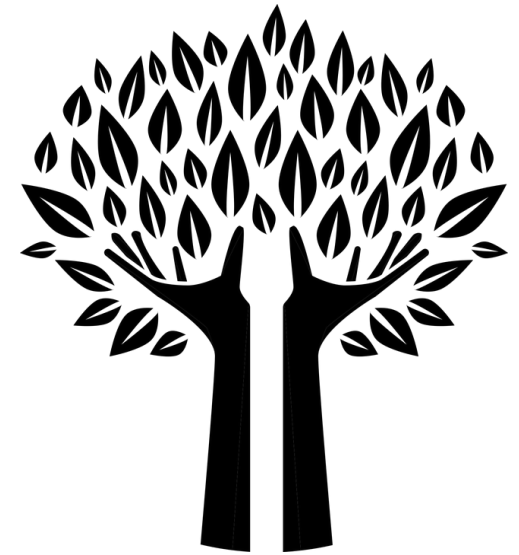
10 Angeline St. N. 2nd Floor
Lindsay, ON K9V 4M8
Ph: (705) 328-6064
Fax: (705) 328-6065

Visit www.rmh.org Click on
'The Hospital' search by
Programs & Services



Mental Health In Patient Unit (MHIP)

The MHIP unit is a Schedule 1, short-term adult psychiatric unit for assessment, stabilization and short-term treatment.



The Mental Health Inpatient Program at Ross Memorial Hospital is committed to providing a safe therapeutic environment for patients and staff.

We are an interdisciplinary team that recognizes the rights of all, focuses on the concept of wellness and strives to provide a continuum of care from hospital to community. Upon admission you will be given orientation to the unit as well as to policies and procedures. We believe in and practice family centered care approach. You will be assigned a Primary Nurse each shift. Your discharge planner or primary nurse will begin the discharge planning process by establishing a plan of care with you, including the appropriate programs for you to attend while hospitalized. Attendance and participation in identified programs for you are an essential part of your therapy.

Please note: While appreciative, staff do not accept gifts! We are also a scent free environment. Thank you for your cooperation.

Policies

Zero Tolerance Policy

The Ross Memorial Hospital is committed to providing a safe and respectful working and service environment, free from harassment and discrimination and supportive of achievement, dignity, self-esteem and fair treatment. Abuse of this policy will not be tolerated.

No Smoking Policy

RMH is a Smoke-Free Facility

RMH is committed to providing a healthy environment for patients, visitors, staff, physicians and volunteers. That's why, as of May 2011, all hospital property, including the parking lot, became 100% smoke-free. To help with the transition, nicotine replacement therapy is available for inpatients. If you are interested in nicotine replacement therapy or in finding out more about ways to quit smoking, please talk to your physician or call the Smoking Cessation coordinator at the Public Health Unit at (705) 324-3569.



Routines

Meal Times

All food and beverages are to be consumed in the designated dining area only. To maintain a pleasant and clean eating area, please clean up after yourself.

- Breakfast: 8:45 am
- Lunch: 12:30-1:30 pm
- Dinner: 5:30-6:30 pm

Medication Times

Medications will be dispensed from the medication room. You are expected to come for your medications at the appropriate time with a water jug

- Morning Meds: 8-9 am
- Lunch Meds: 12-1 pm
- Dinner Meds: 5-6 pm
- Bedtime Meds: 9-10 pm

Valuables

You are encouraged to send all valuables home. RMH will not be responsible for any items that may be lost, including money. Large amounts of money will need to be kept in the business office for safekeeping if not able to be sent home.

Privileges

MHIP is a locked unit. All passes and privileges to leave the unit will be assessed and ordered by the doctor.