



**Ross Memorial Hospital**  
**Mental Health Program**  
10 Angeline St. N. 2<sup>nd</sup> Floor  
Lindsay, ON K9V 4M8  
Ph: (705) 328-6064 Fax: (705) 328-6065  
Visit [www.rmh.org](http://www.rmh.org) and search by Programs & Services

# Mental Health Out-Patient Programs

## Children's Sexual Abuse Program

For children birth to age 17

### THE PROGRAM

The goal of the Child and Youth Sexual Abuse Response Program is to provide crisis, short term and long term counselling to those children and youth who have been sexually victimized or who are acting out sexually as well as the non-offending members of their families.

The Child and Youth Sexual Abuse Response Program is part of the Ross Memorial Hospital Community Counselling Services funded by the Ministry of Community and Social Services. The Crisis Support staff works closely with the Kawartha-Haliburton Children's Aid Society to assess and screen referrals.

The counselling staff are qualified and experienced therapists who specialize in working with children and their families.

### PRINCIPLES OF THE SERVICE

We believe in:

- A systems response that enhances the dignity and strengths of our clients.
- Providing safe supportive, educational and informed services.
- A commitment to quality service demonstrated through respect and understanding.
- Promoting comprehensive service planning through partnerships with our families and other community resources.

### CONFIDENTIALITY

All requests for service are handled in the strictest confidence and are free of charge to all residents of Victoria County.

In order to protect your confidentiality your written approval is required prior to the release of any information either verbal or written, **except in circumstances where the legal system requires disclosure.**

## **WHO WE HELP**

This service offers professional counselling to child and youth victims under the age of 18 years and to the non-offending members of their families. The program incorporates two primary components:

- A) A Crisis/Support service to address immediate post disclosure needs.
- B) The treatment clinicians provide ongoing treatment, both long and short term for sexual abuse victims, victims of date rape, sexual assault victims, children demonstrating sexualized behaviour, and non-offending members of their families.

## **OUR ROLE CAN INCLUDE**

- Completing assessments and individual service plans, in consultation with clients
- Links with community services and resources
- Providing support, education and counselling
- Providing court support as required
- Teaching and enhancing coping skills
- Systems/service advocacy

## **REFERRAL PROCESS**

Self-referrals are welcomed, as are referrals from family members, or helping professionals. All referrals will be processed through the Crisis Support Worker of the Child Sexual Abuse Response Program who is available at:

### **Community Counselling Services**

#### **Ross Memorial Hospital**

10 Angeline Street North, 2nd Floor

Lindsay, Ontario K9v 4M8

(705) 878-8900 Ext: 8237

Office Hours are Monday-Friday 8:30am to 5 p.m.

## **OTHER CHILDREN'S SERVICES AVAILABLE TO RESIDENTS OF VICTORIA COUNTY**

- Kawartha-Haliburton Children's Aid Society 324-3594 (24 Hours)
- Kids Help Line 1-800-668-6868
- Victoria's Shelter 878-3662, 24-hour crisis line 1-800-565-5350
- Lindsay Police Services 324-5252
- Lindsay O.P.P. 324-6741 OR 1-800-461-6488
- Ross Memorial Hospital 324-6111
- CHIMO Youth & Family Services 324-3300
- Lindsay Boys & Girls Club 324-4493
- Five Counties Children's Centre 324-1922
- Tri County Behavioural Services 876-9245
- Fourcast Addictions Services 878-5547 OR 1-800-461-1909
- Advocacy Office 1-800-263-2841