

**Mental Health Outpatient Program
Central Intake Referral
Fax: (705) 328-6065
Phone: (705) 328-6064**



ROSS MEMORIAL
HOSPITAL
Kawartha Lakes

Incomplete referrals can result in a delay of service

Date of Referral: _____

Referral Source: _____

Name: _____

Gender Identified: Male Female

Date of Birth: _____

OHIP: _____

Address: _____

Family Doctor: _____

Phone (1): _____

Billing Number: _____

Phone (2): _____

URGENCY? RISK? IF YES, provide relevant details: _____

Is the patient aware of the referral? Yes No

Does the patient have an Employee Assistance Plan? Yes No

Mental Health Diagnosis (if known): _____

Other Medical Conditions or Disorders? _____

Cognitive Function: Normal Impaired Delayed

Medications:

Name of Medication	Dose	Name of Medication	Dose

Presenting Problem: (REQUIRED)

Services Requested:

<input type="checkbox"/> Psychiatric Consultation	<input type="checkbox"/> Therapy Services
<input type="checkbox"/> VER 0-17yrs Psychiatric Consultation	<input type="checkbox"/> Family Support / Journeying Together
<input type="checkbox"/> Early Psychosis Intervention (EPI)	<input type="checkbox"/> Metabolic Clinic
<input type="checkbox"/> Crisis Support	<input type="checkbox"/>

Please attach any relevant reports, assessments, laboratory results, pharmacy summaries, etc.

We do not complete assessments for legal purposes

Referral Criteria

Psychiatric Consultation: one-time psychiatric consultation for assessment and/or medication initiation/review. MRP will be responsible for on-going care and treatment.

VER Psychiatric Consultation: one-time psychiatric consultation for children (0-17yrs of age).

EPI – Early Psychosis Intervention: identifies people (aged 14-35yrs) with first episode psychosis as early as possible and provides intensive, sustained case management. Research shows that early detection and treatment of psychosis leads to quicker and more complete recovery.

Therapy/Groups: the Day Program provides treatment services in a coordinated 6-8 week outpatient format with 5 days per week programming, focusing on client skill development, emotional regulation and communication. A variety of drop-in groups are also available every week.

Metabolic Clinic: for clients (16yrs of age and older) who have been prescribed a new second generation antipsychotic (SGA) medication or have been taking SGA medications and are at a risk for onset of metabolic syndrome.

Crisis Support: one to one short-term counseling that offers support, coping skills, strategies and links to outpatient services at Ross Memorial Hospital or community services to stabilize clients who are experiencing crisis.

Brief Intervention: one to one short-term counseling that provides assessment and stabilization to clients who are experiencing situational stressors or past history of trauma/sexual abuse. Offers support, coping skills, strategies and links to outpatient services at Ross Memorial Hospital or community services.

Journeying Together/Family Support: provides support (3-5 sessions) to family members and caregivers of people with mental illness. Services include emotional support, referral to community resources, education on mental illness and the mental health system, and skill development for improved coping, communication and problem solving.